

# TURNING POINT COUNSELING

## Corona Virus COVID-19 Alert

**Your health and safety is our priority!**

**We are taking proactive steps to ensure everyone's safety!**

- We are actively following CDC recommendations about Corona Virus COVID-19.
- For up to date information: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- We are conducting enhanced cleaning procedures in line with the CDC.

### Ways you can help

- Please limit the number of people that come to the counseling session.
- Use seating in the hallway, and on the first floor and keep space between you and others.
- Wait in your car until a few minutes before the appointment.
- Complete paperwork at home or in seating a safe distance between you and others.
- Don't bring children who are coughing, sneezing, or have a fever.
- Talk to your therapist about any fears related to the Corona virus.



### **Recommendations To Protect Yourself**



**Wash your hands often with soap and water for at least 20 seconds use a hand sanitizer that contains at least 60% alcohol.**



**Avoid close contact with people who are sick. The CDC suggests you stay at least 6 feet away from anyone who appears sick.**



**Stay home if you are sick.**



**Cover your mouth and nose when you cough or sneeze. Throw used tissues in the trash, wash hands immediately.**